

Holistic and Modern  
Internal Family  
Medicine



WELLNESSMD



## OUR PLEDGE

At WellnessMD, we pledge to provide the highest quality health care and customer service to our patients, delivering expertise, information, and tools our patients need to protect their health – through health promotion, prevention of disease, injury and disability.

## INDIVIDUALIZED CARE

With individualized health care at WellnessMD, we believe that every individual deserves a personalized plan that is as unique as they are. It is our goal to educate and involve our patients in the development and implementation of each specialized service. By offering both modern and holistic medicine, patients are able to make the most informed decisions regarding their care.

Our innovative approach to health care spans the life of you and your family from wellness exams to comprehensive screenings for all generations. We recognize our patients as friends as well as patients, and value their continued trust and goodwill. At our practice, our team members are the most important resources in our service commitment to our patients. By applying the principles of trust, honesty, respect, integrity and commitment, we nurture and maximize talent to the benefit of each individual and the practice. From routine to advanced care, WellnessMD is proud to offer the very best in internal medicine.



## HOLISTIC MEDICINE

Holistic medicine involves treating a person as a whole being through the most useful but least invasive therapies whenever possible. This approach looks at a person from a physical, mental, and emotional standpoint. An emphasis is placed on enhancing a person's lifestyle through a comprehensive evaluation and management of diet, exercise, stress/lifestyle factors, and hormone imbalances. To achieve this optimal health, thorough medical visits are provided along with personalized recommendation plans based on nutrition, supplements, and emotional support.

## SCOPE OF SERVICES AT WELLNESSMD

Through the use of the latest in diagnostic technology, WellnessMD can effectively diagnose your problem and formulate a customized plan of action to treat you with optimal results. Some treatments offered at WellnessMD include:

### HEALTH SERVICES:

- Annual Health Physicals
- Diagnosis and Management of Various Health Conditions
- Disease Prevention
- Conventional Laboratory Testing
- Specialty Testing
- Bio-Identical Hormones
- Weight Management Programs
- Peripheral Vascular Evaluations
- ECG, Echocardiography, Stress-echo

### COMMON CONDITIONS TREATED:

- Hypertension (high blood pressure)
- Cholesterol Regulation
- Thyroid and Adrenal Imbalances
- Hormonal Imbalances
- Fatigue
- Depression/Anxiety
- Fibromyalgia
- Irritable Bowel Syndrome and Constipation
- Acid Reflux and Other Digestive Conditions
- And Many Other Difficult Conditions...

### SPECIALTY TESTING:

- Saliva Hormone Testing
- Urine Heavy Metal Testing
- Blood Nutritional Status Testing
- Blood Hormone Testing
- Stool Digestive Function Testing

## ANTI-AGING MEDICINE

WellnessMD is a unique medical health center with services that measure, treat, and slow the aging process. Each individualized program begins with an in-depth analysis of metabolic status, hormonal status, and age related conditions. This is followed by the formulation of an individualized program of the necessary rejuvenation therapies. We leave nothing out! And we don't have a one-size fits-all mentality. Our goal is to offer all the latest diagnostic and regenerative therapeutics to restore youthful function and appearance, maximize quality of life, and prevent the diseases and infirmities of aging.



# WELLNESSMD



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